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- ❖ Toxicology
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- ❖ Wound Care

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**Ronald S. Kvitne, M.D.**  
 Board Certified

Orthopedic Surgeon  
**Medical Legal Expert Witness**  
*Spine, Upper & Lower Extremities*

**Curriculum Vitae**

**Education:**

Fellowship Aug. 1987 – July 1988	Sports Medicine Kerlan – Jobe Orthopaedic Clinic Inglewood, California
Residency June 1983 – July 1987	Orthopaedic Surgery Northwestern University Medical Center Chicago, Illinois
Internship July 1982 – June 1983	Rotating General Surgery Northwestern University Medical Center Chicago, Illinois
Medical School July 1980 – June 1982	M.D. University of California, School of Medicine San Francisco, California
Medical School July 1978 – June 1980	University of North Dakota, School of Medicine Grand Forks, North Dakota
Undergraduate Sept. 1974 – May 1978	Natural Sciences University of North Dakota Grand Forks, North Dakota

**Medical Licensure:**

Mar. 1987 – Present      State of California #G59659

**Board Certifications:**

June 1993 – Present	Qualified Medical Examiner
July 1990 – Present	American Board of Orthopaedic Surgery
July 1990 – Present	Diplomate, National Board of Medical Examiners

**Team Physician:**

Sept. 1989 – Dec. 2019	Los Angeles Kings Professional Hockey Team
Feb. 2017 – Oct. 2019	Anaheim Angels Professional Baseball Team
Mar. 1996 – Aug. 2007	Los Angeles Galaxy Professional Soccer Team

**Orthopaedic Consultant:**

Dec. 2019 – Present	National Hockey League (NHL) Los Angeles, California
Jan. 2005 – Present	Ultimate Fighting Championship (UFC) – Mixed Martial Arts (MMA) Las Vegas, Nevada

**Society Memberships:**

1992 – Present	American Academy of Orthopaedic Surgeons
1991 – Present	American Orthopaedic Society of Sports Medicine
1994 – Present	American Shoulder and Elbow Surgeons
1993 – 1994	American Medical Association
1989 – 1993	California Medical Association
1991 – 1998	Western Orthopaedic Association
1990 – 1997	Los Angeles California Medical Association

**Faculty Appointments:**

Aug. 1988 – 2000	Associate Clinical Professor Department of Orthopaedic Surgery University of Southern California School of Medicine Los Angeles, California
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**Professional Appointments:**

Aug. 1988 – Present	Associate / Orthopaedic Surgeon Kerlan-Jobe Orthopaedic Clinic Los Angeles, California
June 1993 – Dec. 2019	Medical Director Los Angeles Kings Professional Hockey Team Los Angeles, California
June 1996 – June 2006	Medical Director Los Angeles Blades Professional Roller Hockey Team Los Angeles, California
Sept. 1988 – Sept. 1995	Assistant Clinical Instructor Sports Medicine & Reconstructive Service Rancho Los Amigos Hospital Downey, California
Sept 1988 – June 1993	Assistant Medical Director Los Angeles Professional Hockey Team Los Angeles, California
Sept 1988 – Jan. 1991	Medical Director Centinela Sports Medicine Center Santa Monica, California

## **Publications:**

Papaliadis DN, Banffy MD, Limpisvasti O, Mohr K, Mehran N, Photopoulos CD, Kvitne R, ElAttrache NS. The Development and Validation of a Subjective Assessment tool for the Hip of Athletic Population. *AM J Sports Med.* 2017, Sep; 45(11):2017-2523. Doi: 10.1177/0363546517708200. Epub 2017 July 23

Welch T, Keller T, Maldonado R, Metzger M, Mohr K, Kvitne R. The effect of a dynamic PCL brace on patellofemoral malalignment compartment pressure in PCL- and PCL/PLC-deficient Kees. *J Exp Orthop.* 2017 Dec; 4(1). Doi: 10.1186/s40634-017-0085-5. Epub 2017 Mar 31.

Narvy SJ, Hall MP, Kvitne RS, Tibone JE. Tunnel intersection in combined anatomic reconstruction of the AVL and posterolateral corner. *Orthopedics.* 2013 July; 36(7): 529-32.

Neri BR, Vollmer ED, Kvitne RS. Isolated type II superior labral anterior posterior lesions: age-related outcome of arthroscopic fixation. *Am J Sports Med.* 2009 May; 37(5):937-42. Epub 2009 Feb 19.

Fartber AJ, Smith JS, Kvitne RD, Mohr KJ, Shin SS. Electromyographic analysis of forearm muscles in professional and amateur golfers. *Am J Sports Med.* 2009 Feb;37(2):396-401. Epub 2008 Nov 20.

Kim DH, Elattrache NS, Tibone JE, June BJ, DeLaMora SN, Kvitne RD, Lee TQ. Biomechanical comparison of a single-row versus double-row suture anchor technique for rotator cuff. *Am J Sports Med.* 2006 Mar; 34(3):407-14

Gobbi AW, Francisco RD, Tuy B, Kvitne RS. Physiological characteristics of top level off-road motorcyclists. *Br J SportsMed.* 2005 Dec;39(12):927-31; discussion 931

Lemos SE, Ebrahimzadeh E, Kvitne RS. A new technique: in vitro suture anchor fixation has superior yield strength to bone tunnel fixation for distal biceps tendon repair. *Am J Sports Med.* 2004 Mar;32(2):406-10.

Remia LF, Ravalin RV, Lemly KS, McGarry MH, Kvitne RS, Lee TQ. Biomechanical evaluation of multidirectional glenohumeral instability and repair. *Clin Ortho Relat Res.* 2003 Nov;(416):225-36.

Mohr KJ, Kvitne RS, Pink MM, Fideler B, Perry J. Electromyography of the quadriceps in patellofemoral pains with patellar subluxation. *Clin Ortho Relat Res.* 2003 Oct;(415):261-71.

Pereira DS, Kvitne RS, Lang M, Giacobetti FB, Ebrahimzadeh E. Surgical repair of distal biceps tendon ruptures; a biomechanical comparison of two techniques. *Am J sports Med.* 2002 May- June;30(3):432-6.

Reddy AS, Kvitne RS, Yocum LA, Elattrache NS, Glousman RE, Jobe FW. Arthroscopy of the elbow: a long-term clinical review. *Arthroscopy.* 200 Sept;16(6):588-94

Paley K, Jobe FW, Pink MM, Kvitne RS, ElAttrache NS. Arthroscopic findings in the overhand throwing athlete: Evidence for posterior internal impingement of the rotator cuff. *Arthroscopy* 200;16:35-40.

Yap JJ, Curl LA, Kvitne RS, McFarland EG. The value of weighted views of the acromioclavicular joint. Results of a survey. *Am J Sports Med.* 1999 Nov-Dec;27(6):806-9.

Mohr KJ, Pink MM, Elsner C, Kvitne RS. Electromyographic investigation of stretching: the effect of warm-up. *Clin J Sports Med.* 1998 July; 8(3): 215-20.

Kvitne RS, Jobe FW, Jobe CM. Shoulder instability in the overhand of throwing athlete. *Clin Sports Med.* 1995 Oct; 14(4):917-35.

Ronald S Kvitne MD and Frank W Jobe MD. Anterior Capsulolabral Reconstruction for Instability in the Throwing Athlete. *Master Techniques in Orthopaedic Surgery, The shoulder, 89-108.*1995

Ronald S Kvitne, MD, Frank W Jobe, MD. Anterior Capsulolabral Reconstruction of the Glenohumeral Joint. *Current Therapy in Sports Medicine, Shephard Torg, 210-217, 1995.*

**Publications:** (Cont.)

Shellock FG, Mink JH, Deutsch MD, Fox J, Molnar T, Kvitne RS, Ferkel R: Effect of a Patellar Realignment Brace on Patellofemoral Relationship: Evaluation with Kinematic MR Imaging. *JMRI*, 4(4):590-594, July/August, 1994.

Shaffer B Conway J Tibone JE, Kvitne RS, Jobe FW: Infrapinatus Splitting Approach to Posterior Shoulder. *Am J Sports Med*, 22(1):113-120, Jan-Feb 1994

Kvitne RS, Jobe FW: Diagnosis and Treatment of Anterior Shoulder Instability in the Throwing Athlete. *Clin Orthop*, 291:107-123, June, 1993

Seltzer DG, Tibone JE Kvitne RS, Glousman RE, Shaffer B: Surgical Anatomy of the Axillary Nerve: Relationship to Approaches to the Rotator Cuff. *Orthopaedic Transaction*, 17(10):185, 1993.

Rubenstein DL, Jobe FW, Glousman RE, Kvitne RS, Pink M, Giangarra CE; Anterior Capsulolabral Reconstruction of the Shoulder in Athletes. *J Shoulder Elbow Surg*, 1(5):229-237, September, 1992.

Jobe FW, Kvitne RS: Elbow Instability in the Athlete. *Instr Course Lect, AAOS*, 40:17-23, 1991

Jobe FW, Kvitne RS: Reconstruction of the Ulnar Collateral Ligament of the Elbow. *Tech Ortho*, 6(1):39-42, March 1991

Jobe FW, Giangarra CE, Kvitne RS, Glousman RE: Anterior Capsulolabral Reconstruction of the Shoulder in the Overhand of Throwing Athlete. *Am J Sports Med*, 19:428-434.1991

Jobe FW, Kvitne RS: Shoulder Pain in the Overhand of Throwing Athlete. *Pain Management*, 3:217-226, July, 1990

Jobe FW, Kvitne RS: Shoulder and Elbow Injuries Among Professional Baseball Players. *Japanese Journal of Sports Sciences*, 9:7, 1990

Jobe FW, Kvitne RS: Shoulder Pain in the Overhead and Throwing Athlete: the Relationship of Anterior Instability and Rotator Cuff Impingement. *Ortho Review*, 18:963-975, September 1989.

Jobe FW, Giangarra C, Glousman RE, Kvitne R. "Anterior Capsulolabral Reconstruction in Throwing Athletes" *Transactions of the American Shoulder & Elbow Surgeons Fifth Open Meeting, Las Vegas, NV. 1989.*

Kvitne RS, Jobe FW, Yocum LA: Shoulder Injuries Among Professional Baseball Players. *Professional Baseball Athletes Trainer Society Newsletter*, 2:1-3, Fall 1989

Bradley JP, Kvitne RS: Peroneal Tendon Subluxation and Dislocation in Skiing. *Sports Medicine Digest*, 11:1- 3, February, 1989

Nuber GW, Kvitne RS: Meniscal Repair. *Techniques in Orthopaedics*, 2:2, July, 1987

Jobe FW, Bradley JP, Kvitne RS: the Treatment of Impingement Syndrome in Overhand Athletes: Surgical Technique, Part IC. Accepted for publication, *Surgical rounds of Orthopaedics*

Kaeding CC, Kvitne RS, Grayhack JJ, Nuber GW: A Biomechanical Study of Meniscal Repairs. Submitted for publication, *Clin Ortho*

Kvitne RS. Yocum LA: Anterior Cruciate Ligament Reconstruction: Long Term follow Up. Submitted for publication, *Am J Sports Med*.

**Publications:** (Cont.)

Kvitne RS, Roth SI, Fragen MP, Nuber SW: The Effect of Post-Operative Immobilization and No-Weight Baring on Surgically Repaired Peripheral Meniscal Lesions in Dogs. Submitted for publication, Clin Ortho

Kvitne RS, Montgomery W: Modified Anterior Capsulolabral Reconstruction Using Mitek Suture Anchors. Am J Sports Med

Kvitne RS, Ashford R: Open Fixation Methods for Bankart Repair. A Biomechanical Comparison of Three Repair Methods. To be submitted for publication, Am J Sports Med

Kvitne RS, Campbell R: Results of Revised ACL Reconstruction After Failure. To be submitted for publication, Am J Sports Med

Kvitne RS, Rokito A: Long Term Results Following Meniscal Repair. Submitted for publication, Am J Sports Med

Kvitne RS, Fideler B: Posterior Impingement of the Elbow in Professional Baseball Players. Results of Arthroscopic Treatment. Submitted for Publication, Am J Sports Med

Kvitne RS, Fideler B: The EMG Profile of Patients with Anterior Knee Pain Secondary to Lateral Patellofemoral Subluxation, and the Effects of Patellofemoral Taping and bracing. To be Submitted for publication, Am J Sports Med

Kvitne RS, Paley K: Long Term Follow-Up of Operatively Treated Osteochondritis Dissecans of the Elbow. To be submitted for publication, Am J Sports Med

Paley K, Kvitne RS: Arthroscopic Findings in the Shoulder of Overhead Throwers. Evidence for Internal Impingement of the Rotator Cuff. Submitted for publication, Am J Sports Med

Kvitne RS, Giacobetti F: Biomechanical Analysis of the Intact and Surgically Reconstructed Coracoclavicular Ligament. Submitted for publication, Am J Sports Med

Kvitne RS, Reddy AS, Yocum LA, ElAttrache NS, Glousman RE, Jobe FW: Arthroscopy of the Elbow: A Long- Term Clinical Review. Arthroscopy Vol. 16 (6): 588-594 Sept. 2000

Paley KJ, Jobe FW, Pink MM, Kvitne RS, ElAttrache NS: Arthroscopic Findings in the Overhand throwing Athlete: Evidence for Posterior Internal Impingement of the Rotator Cuff. Arthroscopy Vol. 16(1): 35-40 Jan- Feb 2000

Kvitne RS, Pereira D: Surgical Repair of Distal Biceps Tendon Ruptures: A Biomechanical Comparison of Two Techniques. Submitted for publications, Am J Sports Med

Ravalin RV, Remia LF, Lemly KS, McGarry MJ, Kvitne Rs, Lee TQ: Biomechanical Effects on glenohumeral Translation and Rotation After Capsulorrhaphy for Multidirectional Instability: Comparison Between Anterior Capsulolabral Reconstruction vs. Inferior Capsular shift. Submitted for publication, Am J Sports Med

Mohr KJ, Kvitne Rs, Pink MM, Fideler B, Perry J: Electromyography of the Quadriceps in Patellofemoral Pain with Patellar Subluxation. Submitted for publication, Am J Sports Med

Brooks AA, Kvitne RS: Arthroscopic Fixation Methods for Bankart Repair: A Biomechanical Comparison of Three Repair Methods. Submitted for publication, Am J Sports Med

Papaliadis DN, Banffy MB, Limpisvasti O, Mohr K, Mehran N, Photopoulos CD, Kvitne R, ElAttrache NS: The Development and Validation of a Subjective Assessment Tool for the Hip in the Athletic Population. Am J Sports Med 2017 June 1.

**Publications:** (Cont.)

Welch T, Keller T, Maldonado R, Metzger M, Mohr K, Kvitne R: The Effect of a Dynamic PCL Brace on Patellofemoral Compartment Pressures in PCL and PCL/PLC-Deficient Knees, J Exp Orthop. 2017 Dec.

Kim Dh, ElAttrache NS, DeLaMora SN, Tibone JE, Kvitne RS, Jun BS, Lee TQ: A Biomechanical Analysis of An Anatomic Footprint Rotator Cuff Repair Technique. Kerlan-Jobe Orthopedic Foundation Magazine. Vol II Issue III

**Lectureships:**

“Common Soccer Injuries” St. Luke Medical Center’s Athletic Seminar, Pasadena, CA, March 27, 1999

“Shoulder Instability in the Overhand Athlete” American Academy of Orthopaedic Surgeons Summer Institute, San Diego, CA, September 11, 1996

“Treatment of Acromioclavicular Joint Injuries” American Academy of Orthopaedic Surgeons Summer Institute, San Diego, CA, September 11, 1996

“Shoulder Instability in the Overhand Throwing Athlete” American Orthopaedic Society for Sports Medicine, Instructional Course Lecture, Orlando, FL, June 17, 1996

“Posterior Impingement of the Elbow in Professional Baseball Players: The Results of Arthroscopic Treatment” American Shoulder and Elbow Surgeons Specialty Day, Atlanta, GA, February 25, 1996

“Elbow Problems in the Throwing Athlete” Grand Rounds, Northwestern University, Chicago, IL, June 16, 1995

“Rotator Cuff Tears” 2nd Annual Sports Medicine Symposium, Red River Valley Sports Medicine Institute, Fargo, ND, June 9, 1995

“Shoulder Instability in the Athlete – Diagnosis and Non-Operative Treatment” 2nd Annual Sports Medicine Symposium, Red River Valley Sports Medicine Institute, Fargo, ND, June 9, 1995

“Surgical Stabilization of the Unstable Shoulder – Open vs. Arthroscopic” 2nd Annual Sports Annual Sports Medicine Symposium, Red River Valley Sports Medicine Institute, Fargo, ND, June 9, 1995

“Shoulder Anatomy and Clinical Correlation: UCS Department of Orthopaedics” Basic Science Lecture Series. Rancho Los Amigos Hospital, Downey, CA October 24, 1994

“Shoulder Anatomy and Clinical Correlation: UCS Department of Orthopaedics” Basic Science Lecture Series. Rancho Los Amigos Hospital, Downey, CA September 27, 1993.

“Arthroscopic Mumford” American Academy of Orthopaedic Surgeons, The Shoulder and Elbow in Sports, Beverly Hills, CA October 31, 1992

“Epicondylitis” American Academy of Orthopaedic Surgeons, The Shoulder and Elbow in Sports, Beverly Hills, CA October 29, 1992

“Operative Arthroscopy” American Academy of Orthopaedic Surgeons, The Shoulder and Elbow in Sports, Beverly Hills, CA, October 29, 1992

“Posterior Impingement of the Elbow in Baseball Players” American Orthopaedic Society For Sports Medicine, Specialty Day Meeting, Washington, DC, February 23, 1992

“Rotator Cuff Disorders” Kerlan-Jobe Orthopedic Clinic, Sports Medicine Grand Rounds, Inglewood, CA February 8, 1992

**Lectureships:** (Cont.)

- “Elbow Arthroscopy” Grand Rounds, UCI College of Medicine, Irvine, CA, September 23, 1992.
- “Sports Injury Prevention” TRW Health Care Awareness Program, Redondo Beach, CA, October 16, 1991
- “Diagnostic Arthroscopy” Kerlan-Jobe Orthopaedic Clinic, Update in Sports Medicine, 1st Annual Meeting, Manhattan Beach, CA, May 11, 1991
- “Meniscal Repair” Kerlan-Jobe Orthopaedic Clinic, Update in Sports Medicine, 1st Annual Meeting, Manhattan Beach, CA, May 11, 1991
- “Sports Injuries in the Weekend Athlete” Los Angeles County medical Women’s Association, Quarterly Meeting, Santa Monica, CA May 17, 1991
- “Surgical Consideration/Repair of the Shoulder” Annual Meeting and Clinical Symposium, Far West Athletic Trainers Association, Anaheim, CA, June 23, 1990
- “Throwing Injuries and Assessment” Annual Meeting and Clinical Symposium, Far West Athletic Trainers Association, Anaheim, CA, June 23, 1990
- “Ankle Instability” Grand Rounds, Department of Orthopaedic Surgery, University of California, Irvine, Irvine, CA, May 30, 1990
- “Emergency Management for Little Leaguers” American Orthopaedic Society for Sports Medicine/Little League Baseball, Inc., Inglewood, CA, April 1, 1990
- “Ankle and Foot Injuries in Professional Baseball Players” Major League Baseball Trainers Conference, 4th Annual Meeting, Cambridge, MA, January 13, 1990
- “Elbow Injuries in Professional Baseball Players” Major League Baseball Trainers Conference 4th Annual Meeting Cambridge, MA, January 12, 1990.
- “Sports Injuries” 13th Annual Physician Assistant Review for Certification, Recertification, and continuing medical education, University of Southern California, Los Angeles, CA, August 28, 1989.
- “Shoulder Injuries in Professional Hockey Players” Professional Hockey Athletic Trainers Society, annual meeting, Dallas, TX, June 8, 1989
- “Sports Medicine” Los Angeles County Department of Health Services, Health and Fitness Conference, Lake Arrowhead, CA, May 18, 1989
- “Muscle Strains and Ligament Springs” Primary Care Update. Education Programs Associates, Costa Mesa, CA, April 27, 1989
- “Shoulder Injuries in Professional Baseball Players” Major League Baseball Trainers Association, Annual Spring Train Meeting, Palm Springs, CA, March 6, 1989
- “Athletic Injuries in Baseball” Babe Ruth Baseball Clinic, Culver City, CA, January 28, 1989
- “Street Drugs and the Athlete” American College of Surgeons, Palm Springs, CA January 27, 1989